

Class Schedule

July 18 - July 24

Sunday 18	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23	Saturday 24
SATURDAY 7/17 AND SUNDAY 7/18 THE GYM IS CLOSED	 Julia 9:45 - 10:30 am	 Batya 9:00 - 10:00 am	 Sandy 9:30 - 10:30 am	 Batya 9:00 - 10:00 am		SATURDAY JULY 24 TH MENS HOURS 9:30 PM - MIDNIGHT
	 Julia 10:30 - 11:30 am		 Julia 10:15 - 11:15 am	 Elana 10:00 - 11:00 am	 Julia 10:40 - 11:40 am	
			 Julia 11:15 am - 12 pm	 Tiferet 11:10 am - 12 pm		
	 Rina (sub) 7:30 - 8:30 pm	 Deb B 7:30 - 8:30 pm	 Deb B 7:30 - 8:30 pm	 Julia 7:30 - 8:30 pm		
		 Ronna 8:40 - 9:40 pm		 Tiferet 8:30 - 9:30 pm		

Men's Classes

 Don 2:00 - 3:00 pm				 Don 2:00 - 3:00 pm		

Women's Hours

Sunday - Thursday: 8:30 am - 1:40 pm, 6:30 - 9:40 pm

Friday: 8:30 am - 12:50 pm

Saturday: 9:30 pm - midnight...7/31, 8/14, 8/28, 9/11, 9/25

Men's Hours

Sunday - Thursday: 6:00 am - 8:20 am,

1:50 pm - 6:20 pm, 9:50 pm - midnight

Friday: 6:00 - 8:20 am, 1:00 pm - 1 hr. before sunset

Saturday: 9:30 pm - midnight...7/24, 8/7, 8/21, 9/4, 9/18